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| Name: mrs. kasthuri | Reg No: 12-7smmhc18 |
| Age / Sex:69/f | Contact No:9945107380 |
| Marital Status:married | Date:23/7/18 |
| Occupation: retd. Bank officer. Home maker now | Dr. pjfp |
| Address:  Native of blore | DIAGNOSIS- |

1. Involuntary oozing of stool 2 smtimes in a day frm 2 years. By evening near the rectum feels it is collected and it is causing the problem. Diagnosed then as follicular proctitis. Gets flatus and motion also. Belching at times. Sour eructations.

k/c/o:

of htn frm 4-5 yrs, during getting treated fr dm then diagnosed htn.

Dm frm 15 years. Cnt remember hw she got it.

1. Hot flushes at times. Sudden sweating and after 5-10 min gets ok.

Has 2 daughters.

Bp: 140/70mmhg.

* 1 yr back got worm infestation took allo rx. Had some eggs in the motion.
* Husband died 2006- suffering frm parkinsonism.

Rx:

1. Cina 1m – 4-4-4-4.
2. Aloes 200 – 4-4-4-4.
3. Pentaphos 2-0-2 .

Take 350.

6/8/18: evening better by 10% but no other major change. feels spicy on the tongue. Before use to eat spicy more. But now unable to. Frm 2 months. Bp: 120/70mmhg.

Rx:

1. Aloes/sulphur1m – 4-4-4-4 for 1 dram
2. Ferr phos 12x 4-4-4-4.
3. Alumina 30 – 7 doses – alternate days.

17/8/18:

* 3 days back cold running nose. From today cough. Getting watery eyes and feeling nausea at times. When trying to control the cough she feels nauseated. Irritation in throat itching ears.
* Evening hard motion. Little keeps coming out. must pressure to bring out the motion while morning happens involuntarily.
* Bp: 110/70mmhg. rs clear. Tongue white coating mapped . not offensive. Eyes clear.

Rx:

For 3 days:

1. Ars 1m+gels1m+wyethia 200 – 4pills 3 hourly with water.
2. kali sulph 6x+nat mur 12x 4-4-4-4.

After 3 days.

* Pulsatilla1m+sulphur1m +zincummet 200 – 4-4-4-4.
* Rub 15 – 1 dose night b/food.
* Pentaphos 2-2-2.

6/9/18: evening better. But rectum feeling better. Same in the morning. After first motion gets involuntary feeling. Sour eructations also are there. But overall better in the evenings after medicine. Bp: 110/70mmhg.

Rx:

1. Causticum 30 disc 3-0-3 15 days.
2. Pulsatilla1m/sulphur1m – 4-4-4-4 for 4 days repeat weekly.
3. Nat phos 12x 4-4-4-4.

Cough and cold: 4 pills sos.

1. ars 30/gels 30/bry 30. 2 dram pills

2/9/18:

1. alumina1m/causticum1m/sepia1m -4-4-4-4.
2. Kali phos 6x/mag phos 12x 4-4-4-4.
3. Rub 15 -1 night b/food.
4. Thuja 1m – 2 doses – weekly.
5. C.veg 30 – 4 pills – gastritis. In sos

16/10/18: evening better. Mng stil same.. bloating and eructations same.

1. Kali phos 6x/mag phos 12x 4-4-4-4.
2. Nat sulph 200/alumina 200/sepia 200 4-4-4-4.
3. china 200 – 4 pills – gastritis. In sos

30/10/18: no much change. continuous oozing of motion. At times itching. Hut gushes at times. Joint pain at times, thigh pain at times.

Rx:

1. baryta carb30 – 4-4-4-4 for 5 days. 1 dram 30 size pills.
2. Carcinosin1m – daily night b/food. 4 pills. 1 dram
3. Phos 30 – 4-4-4-4. 2 dram pills 4-4-4.

28/11/18: evening better. Mng no change. gastritis while taking medicines better. More eructations. Morning no control. 63.3kg

Rx:

1. baryta carb200 – 4-4-4-4 for 5 days. 1 dram 30 size pills.
2. Zincum met 30 – 4 pills night.
3. Phos 1m – 5 doses – once in 3 days.
4. Carbo veg 30/lyco 30 – 4-4-4-4
5. Leptandra 30 4-4-4-4.

22/12/18: morning no control. Gastritis there same like before. Bloating. Joitn pain, cough cold prevention. Occasional gets mouth ulcers. cracked tongue, cream coating.

Rx:

1. Acid nit 200 – 4-4-4-4.
2. Acon+hs30– 4pills sos.

* Psor, merc sol , aloes..
* Psor 10m – weekly
* Merc sol 1m – night
* Aloes1m mng
* Podophyllum 1m – afternoon.

18/3/19: belching. Bloating. Rt. Knee pain since 10 days. Did vajrasanan and some discomfort frm then. <walking. Limping and pain. cant move fast. Level sitting is fine if it is in lower level can’t get up also. Bp: 130/70mmhg.

Rx:

1. Lycopodium 200 – 4-4-4-4 1 dram
2. Rhus tox /bryonia/symphytum 200 – 4-4-4-4 1 dram
3. Rheumagic oil.
4. Sil 6x/calc phos 6x – 4-4-4 a/food.
5. Fil cal – 1 tab mng a/food with water.

15/4/19: irritation and nose block uneasiness in the throat. Sneezing. Gastritis boating is there.

Rx:

1. Apis1m/bryonia1m/ruta1m– 4-4-4-4. 30 size pills 1 dram knee pain

2. lachesis 200 – 4-0-4 disc b/food. Knee pain

3. lycopodium1m – 4-0-4 b/food – general health.

4. gambogia 200 – 4-4-4 a/food. Pills. Gastritis.

5. kurchi Q – 15-15-15 drops a/food. Gastritis.

6. thyroseptol – gargling.